

## **Cracking the Ancestral Code: Remembrance, Reverence, and Resilience through Ancestral Storytelling**

Saturdays, 12:00-1:30 pm Pacific Time

October 2<sup>nd</sup>-Nov. 13<sup>th</sup> (7 classes, 3 moon rituals, 1 Praise-singing for Oya, and a 9-Day Ancestor Reverence Ceremony)

Early Bird: \$455 until September 23<sup>rd</sup>

Regular Tuition: \$505

Extended Deadline: \$555

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### **Overview:**

Storytelling is the grandmother of the church, the school, and the theater. Our ancestors defined the sacred, explained our origins and recounted the history of our lineages through vibrant story sharing. These stories help us to claim our inheritance, to incorporate the wisdom of the ancestors into our daily activity, and to carry that power into the future.

We will use both objective (discovery/lineage research) and subjective (recovery/spirit messages, dreams) for “remembering” the stories of the ancestors. Participants are encouraged to research their own bio-cultural inheritance and an “affinity culture”.

The practical applications of ancestor reverence include guidance, protection, and healing, which are so important in this time of the infectious pandemics of disease, racism, poverty, and environmental degradation. Stories recounting the power of the ancestors to intervene in these difficulties inspire resilience.

Reverence practices include the construction of sacred spaces in the home (ancestor shrines), acknowledging holy ground in nature, (forest/cemetery) and visiting sacred sites (such as Goree Island, Congo Square, Goddess temples, and others).

The Ancestral Line Visualization reconnects us with the Consciousness of the ancestors. Suggestions for clarifying our dreams help us to understand their

message, and we embody those messages through the creation of invocations, chants, music, art, and writing.

This series employs film/video of myths, rituals, sacred arts and crafts, and performance.

It includes Moon rituals, corresponding to precise astrological influences guided by Shamanic Astrologer Kelly Beard of Karma Tools.

The community will participate in a praise-singing (poetry, music, and prayer) for “Oya, the Boss-Lady of the Cemetery”, and “She Who Leads the Procession of the Ancestors”.

The added bonus to this series of classes is an invitation to attend “ Ancestral Souls Rising: A Nine Day Celebration of the Ancestors of the African Diaspora.” This online event takes us around the world as we witness the altars and prayers of devotees in Ghana, Nigeria, Tanzania, the Congo, Brazil, Cuba, Trinidad, and many parts of the United States.

Participants in this class will receive guidance for creating personal rituals to deepen their relationship to their own ancestors, and to activate the energies of the Nine Layers of the Soul.

This promises to be a spectacular Ancestral Season.

Register now for the Early Bird discount (\$450.00) payable in two installments through Eventbrite. The class is recorded and available for those in other time zones.

**The primary texts are:**

Jambalaya: The Natural Woman’s Book of Personal Charms and Practical Rituals.

Festival of the Bones: Celebrating the Ancestors. (Excerpts provided by Yeye Teish)

### **Recommended additional reading:**

Ancestor Reverence & Ritual: A Beginner's Guidebook on How to Honor Those Who Have Come Before. By Rev. Mignon Grayson.

Egun: The Ifa Concept of Ancestor Reverence (the Metaphysical Foundations of Ifa. Volume 3) by Awo Falokun Fatunmbi.

Ancestor Spirit Oracle Cards. By Jade Skye and Belinda Morris

### **The Class Schedule:**

#### **Sat: Oct 2<sup>nd</sup>:**

Overview of the Season. A definition of the bio-cultural inheritance. Resources for tracing the physical lineage.

- DNA research websites.

- Researching bio-cultural ancestry.

- Recording your findings.

- Choosing an affinity culture when no records are found.

#### **Homework:**

(Read Jambalaya: pgs. 68-71. Death and Reincarnation. Egungun)

#### **Wed. Oct 6<sup>th</sup>: New Moon in Libra.**

A ritual to balance the past and the present, facilitated by Kelly Beard of Karma Tools

#### **Sat. Oct 9<sup>th</sup>: Rites of Remembrance.**

The Ancestral Line visualization.

Identify ancestors through visualization, dreams, and family interviews.

Remembering and recording your dreams.

Interviewing elders, family members, and family friends.

Choose an ancestor whose story feels important to you.

#### **Homework:**

Read:(Jambalaya: Reconnecting roots. Pg. 75)

**Sat. Oct 16<sup>th</sup>: Practical Ancestor Reverence**

A discussion of how ancestors function as Guides, Warriors, and Healers.  
Creating and maintaining the Ancestor shrines.

The Home shrine.

The Shrine in Nature.

Shrines at Sacred Sites.

**Homework:**

Create and/ or embellish the ancestor shrine.

(Jambalaya: pgs. 82-89. Building the shrine)

**Mon. Oct 18<sup>th</sup>: Praise-singing for Oya:**

Research a myth, prayer, or song for a Goddess/Deity of this archetype.

We will gather online to make offerings, sing songs, and share stories in praise of the Goddess Oya, and other kindred deities.

Prepare an eggplant or dress a broom for Oya. Read:(Jambalaya: pg. 120-121,134)

**Wed. Oct. 20<sup>th</sup>: Full Moon in Aries**

A ritual celebrating the Full Moon in Aries facilitated by Kelly Beard of Karma Tools.

Sat. Oct.23rd: Rites of Remembrance.

A discussion of funerary rituals and rites of remembrance in several cultures.

Funerary rites-Care of the Corpse

Funerary rites-Care of the Spirit

Funerary rites-Care of the Community

**Homework:**

Create a prayer, song, offering, or story of/for a chosen ancestor/culture.

Read: (Jambalaya: pg. 91-96. Rituals for the Extended Family)

### Sat. Oct 30<sup>th</sup>: Cracking the Ancestral Code

A discussion of the Nine Layers of the Soul.  
This is preparation for the Ancestral Souls Rising Event.  
Read: (Excerpt from Festival of the Bones)

### Oct 31<sup>st</sup>-Nov 7<sup>th</sup>: Ancestral Souls Rising

Attend the Ancestral Souls Rising online event. The New Moon in Scorpio occurs on Nov 4<sup>th</sup> during this event. The New Moon occurs during the Egun event.

### Nov. 13<sup>th</sup>: Review of Our Ancestral Journey

Crafting and perfecting your ancestral story. Write or record the story of the chosen ancestor, discuss their relevance to your life, and identify a community to share the story with.

#### **For personalized astrologic services contact Kelly Beard:**

Karmictools.com

#### **Astro-Tarot Reading with Kelly M Beard of KarmicTools.com**

We will check in with your birth chart and personal cycles. You will receive 2-audio links + pdf with extra goodies (all related to your chart). My specialty is \*Cycles & Patterns\* so I will do a once-over your whole chart in that first audio, with a special focus on your Jupiter, Saturn & North Node Cycles because they help us know your timeline and they represent your Truth & Story, Reality & Purpose & Life Path & Direction - so all that will give us a nice understanding of where you are, here & now, as well as what lives in your blueprint to support you ;)

The second audio is a **Tarot Reading** where I do the Celtic Cross, which is a 10-card spread that gives us a nice overview of where you are now or what you need to focus on or develop at this time. I love this Tarot reading because it often has very specific advice that can be really helpful. You can give me a focus or I can use whatever comes up in your chart. Let me know your preference.

Once you order your reading, I usually only need a couple of days to pre-record the two audios and prepare the pdf (10-15 pages) and send them to you. Once you've been able to listen, read and process it all, then we schedule an appointment to discuss and answer any questions you have.

Kelly@KarmicTools.com

\$150 pymt link = [HERE](#)

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